

PRIME for Life®

A court-recognized education program on the risks of drug and alcohol use—taught with care by Zendo Health in Utah.

PRIME for Life® educates students of all ages about the risks of drug and alcohol use. Zendo Health teaches this **Utah court-mandated** class **in person or online**, with classes available **immediately**.

WHAT YOU'LL LEARN

- Risks of alcohol & other drug use
- How choices affect health, family & future
- Skills for safer decisions going forward
- Evidence-based curriculum, respectful setting

FORMATS

- **In-person** Utah classes
- **Online** options available
- Required workbook included (shipped)
- Start as soon as you enroll

INVESTMENT

\$275

Flat fee · no refunds · includes the required \$25 workbook and shipping.

WHO IT'S FOR

- Utah court-ordered education needs
- Students of all ages (as referred)
- Anyone seeking clear, structured education on alcohol & drug risks

CLASS TRACKS & SCHEDULE

All tracks · 16 hours total

TRACK		DAYS	TIME	LENGTH TO COMPLETE
Telehealth — Tuesday & Thursday	ONLINE	Tue & Thu	5:00 PM – 9:00 PM	2 weeks · 4 sessions · 16 hours
Telehealth — Wednesday	ONLINE	Wednesday	5:00 PM – 9:00 PM	4 weeks · 4 sessions · 16 hours
In-person weekend intensive	IN PERSON	Sat & Sun	8:00 AM – 5:00 PM	1 weekend · 2 days · 16 hours

Enroll or ask a question

Call or text—we'll help you get into the next available class.

(385) 518-0652

Utah · call or text

1 (800) 433-0262

Toll free

ONLINE

<https://utah.zendo.health/prime>

Request a callback on our Utah site. We respond within 1 business day.

Therapy & more: <https://utah.zendo.health/therapy>